

# YOUR WORK-LIFE BENEFIT



*Sometimes the demands of your job or commitments at home can make life seem out of harmony. Your work-life benefit can help with resources on parenting, caring for ageing relatives, legal and financial concerns, and more.*

*Our helpful representatives are available at any time, day or night, and can provide services to you in your preferred language. Let our work-life experts help you find the support you need.*

## SUPPORT IS AVAILABLE 24 HOURS PER DAY, 7 DAYS PER WEEK

Employee support is provided by Magellan Health Services, an organisation staffed by professionals who are completely independent of your employer. When you contact the service, the only information required from you is the name of your employer. Any additional information you share is at your discretion. Magellan Health Services is bound by professional standards regarding confidentiality and does not disclose details of individuals who have contacted the service.

### FREEPHONE:

**00 800 8000 3030**

### DIRECT DIAL/REVERSE CHARGES:

**+44 208 987 6230**

Please contact your overseas operator and reverse charges to us, or dial us direct and we will return your call. Calls placed from mobile phones or Internet-based lines (VOIP) are carrier dependent and not guaranteed. Please log into the website for additional information.

### EMAIL:

**support@worldwideassist.co.uk**

### SMS TEXTING:

**+44 790 934 1229**

(Standard text messaging rates may apply)

When emailing or texting, please include your name, company, country location, and the phone number where you can be reached.

### WEBSITE:

**www.magellanhealth.com/global**

### COMPANY CODE:

**aafes**