

HOW TO SUPPORT A PEER AFTER A SEXUAL ASSAULT

- Listen to what the person says or wants to tell you, and assure the person you believe what is being said.
- Ask what the person needs and if the person is open to getting help. Does the person need time prior to talking about the situation, or is the person ready to talk? Does the person want someone to go along to report the incident or get services?
- Be sure to show kindness, understanding, and respect for what the person decides to do and who the person decides to tell or confide in.



For more information about how to help a victim, visit the [Sexual Assault Prevention & Response](#) page or contact your local SAPR office.